



Godavari Foundation's  
**GODAVARI COLLEGE OF ENGINEERING , JALGAON**  
P-51, Addl.MIDC, Bhusawal Road, Jalgaon-425003

3.1.3 Number of departments having Research projects funded by government and non-government agencies during the year							
Name of the Project/ Endowments, Chairs	Name of the Principal Investigator/Co-investigator	Department of Principal Investigator	Year of Award	Amount Sanctioned	Duration of the project	Name of the Funding Agency	Type (Government/ non-Government)
Awareness about Health and skin at Vijayendra Hospital and Maternity Home	Pooja Jitendra Wani, Ujwal Vivek Chaudhari, Dimpal Chandrakant Damade, Rani Satish Mhaske	Medical	2024	10000	1 Year	Vijayendra Hospital and Maternity Home	non-Government

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**GODAVARI COLLEGE OF ENGINEERING  
JALGAON**



**PROJECT SPONCERSHIP DETAILS**

**DEPARTMENT OF COMPUTER ENGINEERING**

**AY 2023-24**

**Name Of Project:** Awarness About Health & Skin Care

**Students:** 1. Pooja Jitendra Wani

2. Ujwal Vivek Chaudhari

3. Dimpal Chandrakant Damade

4. Rani Satish Medhe

**Under The Guidance Of:** Prof. Prashant Shimpi(Proffesor in Computer engineering Department)

**Prof. Nilesh Vani**



**HOD Computer Engineering Department**

**Introduction: Health and Skin Care**

Maintaining good health and proper skin care go hand-in-hand. A healthy lifestyle impacts your overall well-being and reflects on your skin. Here are some quick tips:

**Health:**

1. **Balanced Diet:** Eat a variety of foods, including fruits, vegetables, lean proteins, and whole grains. Stay hydrated by drinking plenty of water.
2. **Regular Exercise:** Engage in physical activities like walking, jogging, or yoga to keep your body fit and active.
3. **Adequate Sleep:** Aim for 7-9 hours of sleep each night to help your body recover and rejuvenate.
4. **Stress Management:** Practice mindfulness, meditation, or hobbies to manage stress effectively.



### **Skin Care:**

1. **Cleansing:** Clean your skin twice daily to remove dirt and impurities.
2. **Moisturizing:** Use a suitable moisturizer to keep your skin hydrated and supple.
3. **Sun Protection:** Apply sunscreen with at least SPF 30 to protect your skin from harmful UV rays.
4. **Healthy Habits:** Avoid smoking and limit alcohol consumption as they can damage your skin.
5. By integrating these practices into your routine, you can achieve a healthy lifestyle and glowing skin!

### **Project Steps:**

1. **Define Objectives:** Clearly state what you aim to achieve with your project.
2. **Plan and Research:** Gather information, make a plan, and set a timeline.
3. **Resource Allocation:** Identify and gather necessary resources and tools.
4. **Execution:** Implement the plan, executing tasks step-by-step.
5. **Monitoring and Adjusting:** Keep track of progress and make adjustments as needed.
6. **Review and Reflect:** Evaluate the results and reflect on what you've learned.
7. **Documentation:** Record important findings, processes, and outcomes.



SPONSERSHIP DETAILS

विजयेंद्र हॉस्पिटल व मैटर्निटी होम

डा. पराग चौधरी

डॉ. सी. जयंती चौधरी



Letter of Sponsorship

Date: 01/12/2024  
Godavari College of Engineering Jalgaon  
425001

Students Name: Pooja Wani  
Ujjwal Chaudhary  
Dimple  
Dhanashree  
Manu Mehta

Sponsor Name: Dr. Parag Chaudhari

I, Dr. Parag Chaudhari from Vijayendra Hospital and Maternity Home, I agree to pay 10,000 expenses to Ujjwal Chaudhary, Pooja Wani, Dimple Dhanashree, Manu Mehta for the project "Awareness about health and skin" give website to the student of Godavari College of Engineering, Jalgaon.

I have attached my transaction details to show that I have successfully provided the expense for the project.

Sincerely,

Dr. Parag Chaudhari  
Sponsor/Coordinator  
डा. पराग चौधरी  
रजि. नं. ७७५८६ पं. डी.  
विजयेंद्र हॉस्पिटल  
आर्य मैटर्निटी होम  
१९, विजय मेड, जलगांव



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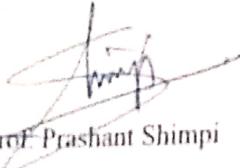


## CERTIFICATE

This is to certify that the L. Y. Computer Project "Awareness About Health & Skin Care" submitted Pooja Jitendra Wani, Ujjwal Vivek Chaudhari, Dimpal Chandrakant Damade, Rani Satish Medhe. In fulfillment of the degree of Bachelor of Technology in the Department of COMPUTER ENGINEERING, Godavari College of engineering, Dr. Babasaheb Ambedkar Technological University, Lonere is a bonafide record of work carried out by him in the Department of Computer Engineering, Dr. Babasaheb Ambedkar Technological University, Lonere under my guidance and supervision. In my opinion this work has attained the standard fulfilling the requirements of the regulations of the University.

Date: 29/ 05/ 2024

Place: Jalgaon

  
Prof. Prashant Shimpi

GUIDE

Asst. Professor in Computer Engineering



Prof. Nilesh Wani

H.O.D

Head of Computer Engineering

  
Dr. Vijaykumar Patil  
PRINCIPAL

# "AWARENESS ABOUT HEALTH & SKIN CARE"

Project submitted to

**Dr. Babasaheb Ambedkar Technological  
University**

in fulfillment of requirement for the award of degree of

**Bachelor of Technology**

Under the

**Faculty of Engineering and Technology**

In the discipline

**Computer Engineering**



By

**Pooja Jitendra Wani  
Ujjwal Vivek Chaudhari  
Dimpal Chandrakant Damade  
Rani Satish Medhe**

L. Y. COMPUTER

**Guide**

**Prof. Prashant Shimpi**

**Assistant Professor**



**Department of Computer Engineering**

**Godavari Foundation's**

**Godavari College of Engineering, Jalgaon**

(An affiliated to Dr. Babasaheb Ambedkar Technological University)

YEAR 2023-2024

